

A Program for Expecting Moms on Father Involvement

Understanding Dad programs are based on key principles for helping expectant moms gain awareness and communication skills designed to:

- Increase mothers' knowledge, positive attitudes and skills (i.e., communication) associated with improving their relationships with the fathers of their children
- Increase mothers' understanding of the importance of fathers' involvement in the lives of their children
- Increase positive interactions between mothers and the fathers of their children

Understanding Dads for Expecting Moms will meet for 2 hours every week for 11 weeks through Zoom beginning in December 2021.

For questions or to register, please contact:

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A Fatherhood Program for Expecting Dads

24/7 Dad programs are based on key principles:

- Any father, given the chance, can learn to be a great parent.
- The ability to parent children successfully or unsuccessfully is largely a learned set of behaviors.
- Fathers and mothers parent differently using their unique gifts, which results in two distinct approaches to parenting called fathering and mothering.
- There are universal aspects of fathering and parenting that exists in all cultures.

24/7 Dads for Expecting Dads will meet for 2 hours every week for 12 weeks through Zoom beginning in December 2021.

For questions or to register, please contact:

Barre Morris, PMP

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